

City of La Vista  
Park & Recreation Advisory Committee Minutes  
May 15, 2019

A meeting of the Park and Recreation Advisory Committee for the City of LaVista convened in open and public session at 7:00 p.m. on Wednesday, May 15, 2019. Present was Recreation Director Scott Stopak, Asst. Recreation Director David Karlson, Program Coordinators Denny Dinan and Ryan South, Admin. Asst. Sue Tangeman, Public Works Parks Foreman Jeff Thornburg, Advisory Board Chairperson Pat Lodes, Members Greg Johnson, Jeff Kupfer, and Jonathon Jameson. Member Nick Moyer was absent.

A notice of the meeting was given in advance thereof by publication in the Papillion Times on May 8, 2019. Simultaneously given to the members of the Park and Recreation Advisory Committee and a copy of their acknowledgment of receipt of the notice are attached to the minutes. Availability of the agenda was communicated, in advance notice to the members of the Park and Recreation Advisory Committee of this meeting. All proceedings hereafter were taken while the convened meeting was open to attendance of the public. Further, all the subjects included in said proceedings were contained in the agenda for inspection within ten working days after said meeting, prior to the convened meeting of said body.

#### CALL TO ORDER

Director Scott Stopak called the meeting to order.

Stopak led the audience in the Pledge of Allegiance.

Stopak made an announcement of the location of the posted copy of the Open Meetings Act for public reference and read the Emergency Procedures Statement.

#### A. CONSENT AGENDA

1. Stopak asked for a motion to approve the minutes from the April 17, 2018 meeting. Motion made by Chairperson Lodes. Seconded by Member Jameson. All Aye. Motion carried.

#### 2. REPORTS FROM RECREATION DIRECTOR AND STAFF

Scott Stopak, Recreation Director

Stopak updated the Board Members on the pool. Orientation was held for the lifeguards and managers previous to this meeting. We have 1 manager and 2 assistant managers this year. We are expecting to hire a few more lifeguards. There are several returning from last year. Saturday, May 25<sup>th</sup> is the expected opening day, and Sunday the 26<sup>th</sup> will be the Salute to Summer Family Swim.

Stopak also mentioned that the new time for the City Council meetings on the 1<sup>st</sup> & 3<sup>rd</sup> Tuesday's of each month will now be at 6pm instead of 7pm. He is also considering changing the Park & Rec Board meetings also to that time if everyone would agree. He will email everyone on that.

David Karlson, Asst. Recreation Director

#### Senior Center

Karlson went through the list of regularly scheduled activities throughout each month at the La Vista Senior Center. For a small donation, lunch is catered by Treat America Food Services Monday through Friday at 11:30 a.m. They can play Bingo on Mondays and Fridays, join our walking club Monday through Friday mornings, play Chair Volleyball on Wednesday and Fridays, and participate in Tai Chi on Tuesdays and Thursdays. Seniors can join our quilting and sewing

group on Wednesday, play Pinochle on the first Wednesday of the month, and also join our Senior Coloring Book Club on Monday morning's. They may also sign up for the monthly Senior Foot Care and Wellness Clinic. In addition to those activities, the 2<sup>nd</sup> Wednesday of each month we celebrate birthday with cake and ice cream.

Karlson then cited the different activities the Seniors participated in during March.

The Senior meal program served 196 meals in March. After a snowy January and February where we saw 4 days cancelled each of those months, in March we only had to cancel one bad-weather day.

Our Senior Volunteer program had four seniors totaling 92 hours.

We had 1,248 seniors participate in activities in March at the Community Center.

Tai Chi had 166 participants for the month.

On Friday March 8, the La Vista Jr. High Show Choir performed for a group of over 20 seniors.

45 seniors joined us for our annual St. Patrick's Day Lunch of corned beef, carrots, cabbage, potatoes, rye bread, brownies and green punch. The band Feelin' Groovy got the crowd on their feet and dancing to their favorite songs of the sixties.

The monthly Senior Care Clinic met three times in March and performed basic foot care and blood pressure checks for 24 seniors.

Merrymaker's performers "The Links" performed to 16 seniors on Wednesday March 27.

AARP Volunteer Income Tax Preparers continued to help seniors, along with low-income residents on Tuesdays, Wednesdays, Thursdays and Saturdays in March. They continued to do so through April 13<sup>th</sup>.

Denny Dinan, Youth and Adult Sports Coordinator

#### Current Programs:

##### Pre-School Play Time:

April counts:

Adults = 174 Daily average = 19

Children = 236 Daily average = 26

Total Apr = 410 Daily average = 45 Total Play Time days = 9

Total Mar = 485 Daily average = 69 Total Play Time days = 7

##### Adult Programs:

Women's Volleyball spring session began on April 3 and finished up a 6-game season in May. The next session will begin in September.

Softball Summer League games started the week of April 15.

Tuesday night league played 2 out of 3 games scheduled in April with 1 rain out and Friday night league played its 1 game scheduled in April.

##### Youth Programs:

Coed T-ball Registration ended on May 4. We have 54 - 5/6 year olds signed up. Coaches are being assigned and teams are being formed for this league that begins games on June 8.

After a slow start with cold and wet weather in late April and early May, the summer session is in full swing for Baseball, Softball, Soccer and Flag Football.

Baseball started the weekend of April 27 and will run through the end of June.

Flag Football has played 3 weeks of an 8 week schedule.

Girls Softball started the weekend of May 5 and will run through the end of June.

The Spring Soccer Clinic and Spring Soccer Academy & League started in early April and will finished up their seasons on May 18.

PH&R and Jr Home Run Derby scheduled for April 28 was cancelled due to bad weather (for the second time). This event will not be rescheduled.

Coed T-ball:	54 players / 6 teams
Baseball:	100 players/8 teams
Summer Flag Football:	78 players/9 teams
Softball:	57 players/ 4 teams
Summer Soccer Academy/League:	67 players
Summer 3-yr old Soccer Clinic:	15 players

Upcoming Sports Events:

Cahill Combat Clash:	May 4 & 5 - Youth Baseball Tournament
Ultimate FastPitch Academy:	May 18 & 19 – Youth Girls Softball Tournament
Ryan Hansen:	May 25 - Men’s SlowPitch Tournament

Submitted by Ryan South, Program Coordinator

Events

Urban Scramble Adventure Race will take place on Saturday, June 29. On a 3-4 hour course, teams of two will run, bike and navigate their way through La Vista and Papillion while searching for checkpoints and completing challenges and mystery events. The race will start and end at the La Vista Community Center. Registration is open and so far there are 20 teams signed up.

Splash Bash will take place on Sunday, July 21. This is a free event held at the La Vista Municipal Pool. No admission fee is charged from 1:00 PM – 4:00 PM and Patrons will enjoy a live DJ, games, prizes and free food!

Pump & Run and 5k Edge Body Boot Camp and the City of La Vista have teamed up once again for the 4th annual Edge Body Pump & Run and 5k. The Pump and Run is a unique combination of weight lifting and running, offered to all racers no matter gender or ability. Pump and Run participants will compete in a bench press competition as well as a 5k run. We also offer the 5k as a separate event for those who just want to run and not participate in the bench press competition. This event will take place on Friday, September 20 and Saturday, September 21. Registration opens late May. This year, the after-party will be held in the new City Centre Park.

Jeff Thornburg, Public Works Parks Foreman

Thornburg reported that Public Works has been busy prepping for Salute to Summer and getting ready for games and tournaments at the parks.

## B. DISCUSSION ITEM

### 1. City of La Vista Community Interest and Opinion Survey

Stopak and Board Members discussed some of the answers in the survey pertaining to Recreation.

Member Kupfer wanted to know what the Board's role is concerning the survey. Stopak said we just wanted the board to be aware of it and to use it as guidance for programming, events etc.

Chairperson Lodes expressed some concern and frustration when reading the survey and social media. It is frustrating to read the complaints from citizens about things they don't know about, or that we don't have when we actually do provide it. People complain but do not seek out first on what is available.

Member Johnson commented that he thought these surveys were more or less a waste, and new councils always want to do them when several have already been done. He also stated he thought the La Vista Recreation does meet the needs of our citizens. His kids grew up play Rec volleyball and ended up playing division 1 in college, so their needs were definitely met.

Lodes asked if social media was being used to its potential because there seems to be a lack of knowledge as to what we have to offer at the Community Center. South replied that they are using social media more & more, and that the information is out there. South also stated that our exercise room is up to date, and we are expecting four new machines the next week-2 rowers, spin bike and a lateral trainer that was previously shown at the Health Fair in March.

Johnson asked if money was being taken away from parks to help build the Civic Centre area. Stopak stated that no, we have our own budgets for Recreation, Parks and Bus.

### COMMENTS FROM THE FLOOR

None.

### COMMENTS FROM COMMITTEE MEMBERS

None.

Member Kupfer motioned for adjournment. Seconded by Member Jameson. All ayes. Motion carried. Adjourned at 7:40 p.m.