

**RECREATION ADVISORY BOARD  
PROGRAM INFORMATION  
MAY 2017**

**SPECIAL EVENTS/PROGRAMS AND SENIOR CENTER**

Submitted by David Karlson, Asst. Recreation Director

**Special Events/Programs**

- **Preschool Playtime** met 9 times in April and had 217 preschoolers and 170 adults with an average of over 24 preschoolers and 19 adults attend each session.
- Ms. Jen from the Library hosted her monthly **Preschool Story-time and Sing Along** on the first Thursday of the month and had 20 preschoolers and 14 parents attend.
- **Preschool Egg Decorating** had 34 preschoolers and 28 adults participate.
- The annual **Easter Egg Hunt** was held on Saturday April 15; with the near perfect weather, we once again drew a huge crowd.



- Our annual Arbor Day Celebration was held on April 28, and had a crowd of over 40 preschoolers and adults joining us for an outdoor story-time and tree planting. Modern Woodmen of America donated the money for us to buy the new tree that was planted this year. Bob Dreesen from TD2 Consulting Engineers and Land Surveyors was our guest story-time reader. TD2 has been a great friend to the City of La Vista for many years. This year marks the company's 50th year in business, and to help celebrate they have donated 25 trees to La Vista. After the story, we had a small gift for all of the kids who attended. Some of the people then joined us down at City Park where the City planted TD2's trees along Thompson Creek.

## La Vista Senior Center

- Throughout the month, for a small donation, Seniors are able to enjoy a wonderful lunch catered by Valley Food Services on Monday, Wednesday and Friday. They also play **Bingo** on Mondays and Fridays, **Coloring Book Club** on Monday morning, **Chair Volleyball** on Wednesdays and Fridays, participate in **Tai Chi** on Tuesday's and Thursday's, and play **Pinochle** on the first and last Wednesdays of the month. Seniors may also join in on the **Quilting and Sewing** group on Wednesdays, and Book Club on Friday mornings. On the 2<sup>nd</sup> Wednesday of each month, the Sarpy/Cass Department of Health & Wellness **Senior CARE Clinic** is at the Center, providing foot care and other miscellaneous health care to seniors for a minimal fee.
- Our new program "**Book Time for Adults**" is continuing to grow as Ms. Marjie Shaw from the library comes in every Friday morning to read short stories and poems to the seniors.
- On Wednesday, April 5, four nursing students from Methodist Nursing School came and performed blood pressure check for the seniors.
- On Wednesday, April 12, our monthly Senior Foot care and Wellness clinic had nine seniors participate.
- On Wednesday, April 12 Merrymakers performer John Worsham performed for 26 seniors.
- On Wednesday, April 19, the same nursing students from Methodist that came on April 5, visited the senior center again to make a presentation on joint care to a group of 24 seniors. In addition to the presentation, they also performed blood pressure and glucose tests.
- On Tuesday, April 25, 12 seniors joined us on our monthly movie outing to see the movie "A Dogs Purpose".

## YOUTH AND ADULT SPORTS/SPECIAL EVENTS

Submitted by Denny Dinan, Recreation Dept.

### Current Programs

- **Adult Women's Volleyball:** We are in week 6 of a 7-week new Spring Volleyball session. We have 8 teams, 5 of which are returning teams and 3 are new teams.
- **Major League Baseball's Pitch, Hit & Run Competition** was held on Saturday, April 22 at 11a.m. at the La Vista Sports Complex. This is was our 2<sup>nd</sup> PH&R event that we again hosted in conjunction with Sarpy County Tourism. We had 10 participants. Next year we plan on getting additional baseball groups involved such as Papillion Recreation Organization and the Ralston Area Baseball Association, which should help us to increase the number of participants.
- **Youth Boy's Baseball:** We have a total of 7 teams with 93 kids: Games start on April 29. We have two 7/8 Yearling teams, two 9/10 Mustang teams, 2 – 11/12 Bronco teams and one 13/14 Pony team.
- **Youth Spring Co-ed Flag Football:** We have a total of 6 teams and 67 kids. Games started on Saturday, April 22: We have two K-2 grade teams, three 3/4 grade teams, and one 5/6 grade team.
- **3-Year Old Soccer Clinic:** The season finished on April 29. We had 12 kids participating in the clinic.

- **4/5 Youth Soccer Academy & 6/7 Youth Soccer League:** Finished the season on May 9. We had 56 kids participating in the 4/5 academy and 27 kids participated in the 6/7 league this spring. On Saturday, May 6 we had a La Vista Police Dept. motorcycle and cruiser and on Tuesday, May 9 we had a Papillion/La Vista firetruck at the sports complex to meet and greet the kids as they came to and from the fields.
- **Girls Softball:** We will be playing in the Rainbow Softball League again this season. This season we have 4 teams with 53 kids: one 8U, two 10U and one 18U team. Games started on May 5.
- **Adult Softball:** We have Sunday Men's (8 teams), Tuesday Men's (4 teams), and Thursday (4 teams) Men's Double Header league that started games on April 9.
- **OGLBT Adult Softball League:** New league this year with 8 teams playing on Wednesday nights starting on May 2.
- **Senior Men's Softball League:** This league plays on Monday and Wednesday nights as well as Friday mornings.
- **Youth Co-ed T-ball (ages 5/6):** Registration deadline was Saturday, May 13. Currently we have 4 teams with 44 kids. We are in the process of identifying coaches and forming teams. Games will begin in June.