

City of La Vista
Park & Recreation Advisory Committee Minutes
June 19, 2019

A meeting of the Park and Recreation Advisory Committee for the City of LaVista convened in open and public session at 7:00 p.m. on Wednesday, June 19, 2019. Present was Recreation Director Scott Stopak, Asst. Recreation Director David Karlson, Program Coordinators Denny Dinan and Ryan South, Admin. Asst. Sue Tangeman, Public Works Parks Foreman Rob Foreman, Advisory Board Chairperson Pat Lodes, Members Greg Johnson, Jeff Kupfer, and Nick Moyer. Member Jonathon Jameson was absent.

A notice of the meeting was given in advance thereof by publication in the Papillion Times on June 12, 2019. Simultaneously given to the members of the Park and Recreation Advisory Committee and a copy of their acknowledgment of receipt of the notice are attached to the minutes. Availability of the agenda was communicated, in advance notice to the members of the Park and Recreation Advisory Committee of this meeting. All proceedings hereafter were taken while the convened meeting was open to attendance of the public. Further, all the subjects included in said proceedings were contained in the agenda for inspection within ten working days after said meeting, prior to the convened meeting of said body.

CALL TO ORDER

Director Scott Stopak called the meeting to order.

Stopak led the audience in the Pledge of Allegiance.

Stopak made an announcement of the location of the posted copy of the Open Meetings Act for public reference and read the Emergency Procedures Statement.

A. CONSENT AGENDA

1. Stopak asked for a motion to approve the minutes from the May 15, 2018 meeting. Motion made by Member Kupfer. Seconded by Member Johnson. All Aye. Motion carried.

2. REPORTS FROM RECREATION DIRECTOR AND STAFF

Scott Stopak, Recreation Director

Stopak stated that because of weather, many of the swimming lessons had been cancelled during the first session, otherwise the pool opened as scheduled.

Stopak also reminded the Board that the new time for the City Council meetings on the 1st & 3rd Tuesday of each month is 6:00pm. The Park & Recreation Advisory Board meetings will also change to 6:00pm beginning at the July 17 meeting.

David Karlson, Asst. Recreation Director

Senior Center

Throughout the month, seniors attend lunch catered by Treat America Food Services Monday through Friday at 11:30 a.m. They can play Bingo on Mondays and Fridays, join our walking club Monday through Friday mornings, play Chair Volleyball on Wednesday and Fridays, and participate in Tai Chi on Tuesdays and Thursdays. Seniors can join our quilting and sewing group on Wednesday and now the 1st Saturday of each month; play Pinochle on the first Wednesday of the month, and join our Senior Coloring Book Club on Monday morning. They may also sign up for the monthly Senior Foot Care and Wellness Clinic held a couple of times a month on Wednesday morning. In addition to those activities, the 2nd Wednesday of each month we celebrate birthday

with cake and ice cream.

On May 1, the City kicked off its new branding campaign by having Mayor Kindig and the branding committee join the seniors for lunch, they then gave a presentation followed by a question and answer session.

May 8, ATI Physical Therapy offered free balance testing to over 30 walkers who come to the community center to walk. If they found a participant was at risk of a fall due to balance problems they gave them a list of activities they can do to address the problems.

They have offered to come back every six months to retest the participants and test new walkers. ATI is currently working with our Tai Chi program to test their participants.

On May 21, we hosted our second annual "Senior Prom". Thirty-six senior enjoyed our potluck buffet and danced to the music of Feeling Groovy. Our King and Queen of the Prom were Rick Horn and Bobette Jones. Last year, our oldest seniors were chosen as King and Queen. This year we changed it up and chose our youngest as the new King and Queen.

- We had 1,261 seniors participate in activities last month at the community center.
- Our Senior Meal Site program served 190 meals.
- Our Senior Volunteer program had five seniors volunteer work a total of 87 hours.
- Tai Chi had 176 participants.
- Senior Chair Volleyball had 68 participants.
- Bridge Club had 24 participants.
- Pitch Card Club had 88 participants.
- Senior Bingo had 91 participants.
- Our monthly Senior Care Clinic met three times last month and performed basic foot care and blood pressure checks for 24 seniors.
- Merry-maker's performer Cynthia Zieman performed to 14 seniors on Friday, May 10.
- Our Senior Movie Outing was on Tuesday, May 28. Five Senior rode the bus with us and two others joined us at the theater to see the movie "The Mustang".

Our seniors raised over \$500.00 to host a Streets Dept. Appreciation Pizza Party to show their appreciation for all of the hard work the streets crew did this winter plowing snow and fixing potholes this spring. Over 40 public works employees and 20 plus seniors attended the party.

Denny Dinan, Youth and Adult Sports Coordinator

Current Programs:

Pre-School Play Time

May counts:

Adults = 141 Daily average = 16

Children = 192 Daily average = 21

Total May = 333 Daily average = 37 Total Play Time days = 9

Total Apr = 410 Daily average = 45 Total Play Time days = 9

Youth Sports:

Coed T-ball: We have 56 players signed up and 6 teams. Games are played on Saturday mornings starting June 8 through July 13.

Spring Flag Football finishes up their season on June 22.

Baseball regular season ends around June 24 and league tournaments will be held through June 30.

Girls Softball regular season ends on June 24 and tournament play will run through June 30.

Adult Softball games started the week of April 26 and has played 5 games of a 14-game season.

Fall Youth Leagues: registration started on June 1, for flag football, soccer clinic, soccer academy and league. Fall season begins play in September.

Events:

SlumpBuster Youth Baseball Tournament runs from June 12 through June 28 on La Vista fields as well as Council Bluffs and many other Omaha fields. There are over 700 teams in this year's tournament.

Submitted by Ryan South, Program Coordinator

Events

Urban Scramble Adventure Race will take place on Saturday, June 29. On a 3-4 hour course, teams of two will run, bike and navigate their way through La Vista and Papillion while searching for checkpoints and completing challenges and mystery events. The race will start and end at the La Vista Community Center. Registration is open and so far there are 31 teams signed up. Registration continues through June 27.

Splash Bash will take place on Sunday, July 21 from 1-pm. This is a free event held at the La Vista Municipal Pool. There will be a live DJ, games, prizes and free food.

Pump & Run and 5k Registration is open for the 4th annual Edge Body/City of La Vista Pump & Run and 5k. The Pump and Run is a unique combination of weight lifting and running, offered to all racers no matter gender or ability. Pump and Run participants will compete in a bench press competition as well as a 5k run. We also offer the 5k as a separate event for those who just want to run and not participate in the bench press competition. The lifting part of the event will take place on Friday, September 20 at Edge Body, and the 5K will be Saturday, September 21 at the new Civic Center Park.

Rob George, Public Works Parks Foreman

George reported that Public Works has been busy spraying trees and getting the trails summer-ready, though they have been held up with a lot of rain.

COMMENTS FROM THE FLOOR

None.

COMMENTS FROM COMMITTEE MEMBERS

None.

Chairperson Lodes motioned for adjournment. Seconded by Member Kupfer. All ayes. Motion carried. Adjourned at 7:16 p.m.